



## Scoring Zone Technique Test and Performance Practice



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Date: \_\_\_\_\_

**Bump and Run** with 9 to 7 iron: From a good lie 7-5 paces from fringe or edge of green  
Hit 5 bump and run shots to two different 6-foot circles.  
Scoring: 5 pts for a hole out, 4 pts for inside 3 ft circle, 3 pts for a 6 ft circle

1	2	3	4	5		
					<b>Total</b>	

**Bump and Spin** with SW or LW: From a good lie 7-5 paces from fringe or edge of green  
Hit 5 bump and run shots to two different 6-foot circles.  
Scoring: 5 pts for a hole out, 4 pts for inside 3 ft circle, 3 pts for a 6 ft circle

1	2	3	4	5		
					<b>Total</b>	

**Hinge and Hold** with SW or LW: From a bad lie 5-7 paces (ball down in the rough)  
Hit 5 hinge and hold shots to two different circles.  
Scoring: 5 pts for a hole out, 4 pts for inside 3 ft circle, 3 pts for a 6 ft circle

1	2	3	4	5		
					<b>Total</b>	

**Low Toss** with SW or LW: From between 10-15 yards of carry distance off a good lie  
Hit 5 low toss shots from different positions to 12/6 foot circle.  
Scoring: 5 pts for 6 ft circle 3 pt for 12 ft circle

1	2	3	4	5		
					<b>Total</b>	

**High Toss** with SW or LW from between 10 - 20 yards carry to an elevated green or over an obstacle to a green from varying lies.  
Hit 5 high toss shots from different positions to 12/6 foot circle.  
Scoring: 5 pts for 6 ft circle 3 pt for 12 ft circle

1	2	3	4	5		
					<b>Total</b>	

**Greenside Short Bunker Shot:** From a good lie to a pin 25-30 yards  
Hit 5 shots from different positions to 12/6 foot circle.  
Scoring: 5 pts for 6 ft circle 3 pt for 12 ft circle

1	2	3	4	5		
					<b>Total</b>	

**Greenside Long Bunker Shot:** From a good lie to a pin 25-30 yards  
Hit 5 shots to 12/6 foot circle.  
Scoring: 7 pts for 6 ft circle 5 pt for 12 ft circle

1	2	3	4	5		
					<b>Total</b>	

**Legend**

	Black	Red	Blue	Orange	White	Total
<b>Bump and run</b>	15Plus/4	14-12/3pts	11-9/2pts	8-6/1pts	5 under/0	
<b>Bump and Spin</b>	15Plus/4	14-12/3pts	11-9/2pts	8-6/1pts	5 under/0	
<b>Hinge and Hold</b>	15Plus/4	14-12/3pts	11-9/2pts	8-6/1pts	5 under/0	
<b>Low Toss</b>	19 Plus/4	18-12/3pts	11-9/2pts	8-6/1pts	3 under/0	
<b>High Toss</b>	15 Plus/4	14-12/3pts	11-9/2pts	8-6/1pts	5 under/0	
<b>Short Bunker</b>	15 Plus/4	14-12/3pts	11-9/2pts	8-6/1pts	3 under/0	
<b>Long Bunker</b>	20 Plus/4	19-15/3pts	14-10/2pts	9-5/1pt	4 under/0	

Total Score	25 plus	24-18	17-11	10 --4	3 under
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